



Dear Parents,

Health Requirements

Kindergarten

The state of Connecticut requires that a full physical assessment be done before entering Kindergarten. You and your child's physician must complete the *Blue Health Assessment Record*. The exam must be completed after your child's 4th birthday. Proof of certain vaccinations is required before entering Kindergarten. **This form is due in the nurse's office by August 17.**

6th Grade

The state of Connecticut requires that a full physical assessment be done before entering the sixth grade. You and your child's physician must complete the *Blue Health Assessment Record*. Proof of certain vaccinations (in particular Tdap) is required before entering sixth grade. **This form is due in the nurse's office by August 17.**

Grades K thru 8

Complete the *Annual Health Update form*. Each of your children must have a separate form. Please update your emergency contact list, detail any health concerns, and consent whether or not the nurse can administer non-prescription medication. **This form is due in the nurse's office by August 17.**

Grades 2 thru 8 Sports

If your child is planning to participate in basketball, cheerleading, or track and field, he/she needs a *Green Sports participation Health Record* completed **before** the sport begins. This form can be found on the SJS website or the office. You and your child's physician must complete this form. It is valid for only one year and must remain valid for the entire sport season. This is a state of Connecticut requirement. Fall sports physicals are due by October 1st and spring sports physicals are due by March 1st.

Thank you,

SJS Health Office